

Medication Guidelines Before Surgery

In general, most medications can be taken up until the day of surgery with no ill effects, but please review all medications with the prescriber prior to surgery.

Medications may be taken on the day of surgery with a just a sip of water. The Pre-operative nurse will review your medications and provide any specific instructions.

Aspirin/Plavix- Please discuss with your prescriber.

Coumadin- Please discuss with your prescriber.

Diabetic Medications

Oral- All oral hypoglycemic should be discontinued on the day of surgery and the last dose of Metformin should be no earlier than 48 hours prior to surgery.

Insulin Dependent- Please contact your prescribing physician regarding Insulin use the day of and following surgery. The dose will most likely need to be altered.

Diet Pills- The following should be discontinued 2 weeks prior to surgery:
Fenfluramine (Pondimin) Dexfenfluramine (Redux)
Phenteramine (Adipex, Fastin, Oby-cap, Obenix, Oby-triZantryl, Lonamine)

Herbal medications/Supplements- Discontinue 7 days before surgery.

NSAIDs- Discontinue 10 days before surgery.

Topical Medications (except eye drops): Do not use on the day of surgery

Vitamins/Iron- Discontinue the day of surgery (Vitamin E discontinue 7 days prior to surgery).

The above information are guidelines and should not take the place of instructions given by your doctor.