

AMG Lincolnshire Orthopedics

Pre-Operative Instructions

Arrive at the hospital or surgery center at the time instructed by your scheduler.
If you are unsure, contact them directly:

Patricia- 847-279-0082 Donna- 847-808-3144

Lisa- 847-808-3324

We will do our best to take care of you as soon as possible, but the wait can be longer than anticipated. Please feel free to bring a book or other reading materials to help pass the time.

There is to be nothing to eat or drink after midnight the night before surgery, NOT EVEN A SIP OF WATER! This includes gum, hard candy and mints. You may brush your teeth, but do not swallow any water. Please do not smoke after midnight.

Do not drink alcoholic beverages within 24 hours of your surgery.

Heart and blood pressure medications may be continued without harmful effects. Please follow the pre-op nurses' directions for BP meds the day before and the morning of surgery, taking with just a sip of water.

Do not take any medications which contain aspirin or Ibuprofen (i.e.: Motrin, Advil, Aleve) within 10 days of your surgery. Other over the counter medications or supplements must be discussed with your physician, as they may affect your surgical procedure. **Please review the Medication guidelines included in this packet.**

If you are taking blood thinners.... Medications such as Coumadin or Plavix need to be stopped within 10 days of your surgery. Please discuss with your prescribing physician.